

ESKETAMINE ORDER SET

Key: Indications mandatory unless crossed out
 Indicates optional order, active when checked
.....open line to be completed

TREATMENT SCHEDULE

Induction Phase

- Weeks 1-4 Twice weekly
 Weeks 5-8 Once weekly

Maintenance Phase

- Once every _____ weeks
 Once a month

MEDICATION Esketamine (supplied with 2x14 mg doses, one for each nostril, for a total of 28 mg in every device) Patient self-administers devices under direct observation.

- 56 mg (two devices) 84 mg (three devices) 28 mg (one device)

- May take regularly scheduled medications in am with sips of water up to 30 minutes prior to treatment except those that can cause sedation or elevated blood pressure

DIET

- NPO 2 hours prior to treatment
 NO liquids 30 minutes prior to treatment

ACTIVITY

- Activity as Tolerated

MONITORING

- Baseline Vital Signs on admission

Baseline Vital sign parameters:			
BP	HR	RR	SpO2
Equal to or less than 140/90	60-100	14-20	Greater than or equal to 92%

- Vital signs every 40 minutes after first dose until discharge

DISCHARGE

- Discharge patient after a minimum of 2 hours post administration of last dose when blood pressure has returned to within 20% of baseline and awake, cooperative, oriented and tranquil with a Post Anaesthetic Discharge Scoring System (PADSS) score of 9 or greater
 Other.....

Date: YYYY/MM/DD Time: HH:MM Physician's Signature: _____

Date: YYYY/MM/DD Time: HH:MM Noted by (nurse): _____

Verified by (nurse): _____