

## Frequently Asked Questions

### 1. What is Supervised Pastoral Education?

- Supervised Pastoral Education began almost a hundred years ago in the United States as a form of theological education that combines academics and hands-on training in clinical settings where spiritual care is practiced. This training provides participants with opportunities to develop the arts and skills required for providing competent pastoral and/or spiritual care. Class size is small and supervision is provided by a CASC/ACSS-Certified Supervisor-Educator.
- SPE training is based on an adult education learning model that focuses on the needs of the learners and engages them in an experiential and reflective process of action – reflection – new action. The overarching goal of the training is to equip individuals both internally (through development of self-awareness, professional identity, and the safe and effective use of self) and externally (through the learning of therapeutic skills and competencies for providing pastoral/spiritual care). In addition to the face-to-face experience of providing supervised spiritual/pastoral care, the training includes seminars, individual and group supervision, directed readings, integrative learning assignments and assessments by the Supervisor-Educator.
- SPE is offered in two streams: Clinical Pastoral Education (CPE) and Pastoral Counselling Education (PCE).
- Providence Care’s SPE program curriculum is a hybrid of the CPE and PCE streams.

### 2. What does a weekly schedule look like for Basic, Intensive SPE course?

Sample BASIC WEEKLY SCHEDULE				
Monday	Tuesday	Wednesday	Thursday	Friday
8:30-10:30 Seminar	8:30-3:00 Clinical Placement	8:30-10:30 Seminar	8:30-3:00 Clinical Placement	8:30-10:00 Case Conference
10:45-12:15 Case Conf		10:45-12:15 Case Conf		10:15-10:45 Worship/Reflection
1:00-4:30 Clinical Placement	1:45-2:45 Individual Supervision Student A	1:00-2:00 Individual Supervision Student B	1:45-2:45 Individual Supervision Student C	1:00-2:00 Individual Supervision Student D
	3:00-4:30 Interpersonal Relations	1:00-4:30 Clinical Placement		3:00-4:30 Interpersonal Relations

### 3. What does the schedule look like for the Advanced, Extended course?

ADVANCED WEEKLY SCHEDULE In Class Time		Clinical Placement Your choice of weekday
8:00-8:15	Reflection/Worship	8:30-4:30
8:15-10:15	Didactic Seminar	
10:30-12:00	Interpersonal Relations Group	
1:30-2:30	Individual Supervision bi-weekly	
2:45-4:30	Case Conference	

- Typically the classroom day is Tuesdays and the equivalent of one other full day is for clinical placement.

### 4. What is the fee for the course?

- Fees for our course are paid to Martin Luther University College. Tuition fees for 2021 for the Basic course were \$1,502.00 (\$170.00 of this is for incidental fees which students may opt out of). Tuition fees for the 2021 Advanced course were \$2,298.29 (\$966.00 of this is for incidental fees which students may opt out of).

5. Are their bursaries available?

- Yes. The Canadian Association for Spiritual Care offers bursaries through the region and through the National Office. Contact information for regional bursary: [timdejonge27@gmail.com](mailto:timdejonge27@gmail.com) Contact information for National bursary: [hmallet@spiritualcare.ca](mailto:hmallet@spiritualcare.ca)

6. How much time should I dedicate to the course?

- Supervised Pastoral Education courses involve immersive and intensive learning experiences. For the Basic course, please anticipate that some time in the evenings and weekend will be required to complete course assignments. Similarly, while the Advanced course is two days a week (one day of classroom time and one day for clinical time) please anticipate that you will also require time to complete course assignments.

7. Can I take the course from a distance?

- You can take the course as a remote student as long as you are already employed in the field of spiritual health. The classroom component of the course is offered virtually using Microsoft Teams.

8. How do I become a certified Spiritual Health professional?

- The regular pathway towards certification as a Spiritual Health professional by the Canadian Association for Spiritual Care (CASC) is:
  - 2 Basic SPE courses (entry to a Basic course requires eligibility for graduate level training)
  - 2 Advanced SPE courses
  - Entry to Advanced learning courses requires a Competency Assessment process and academic review
  - The Certification process involves the writing of professional papers and an interview

9. Where do Spiritual Health professionals work?

- Spiritual Health professionals provide ministry in various settings such as parishes, universities, long-term care facilities, hospitals, prisons and counselling centres.

10. Do I have to be a member of CASC to take an SPE course?

- Yes. For further information about CASC and membership please see [www.spiritualcare.ca](http://www.spiritualcare.ca)